

Prescribing Tip For Information

**Dexcom One – availability of transmitters on prescription**



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**Dexcom One is a real time-continuous glucose monitor (rt-CGM).**

Compared to flash glucose monitoring systems which require patients to regularly scan to obtain readings, Dexcom One sends glucose readings every few minutes to a Smartphone or receiver via a bluetooth transmitter which is attached to the sensor on the skin. This allows patients to monitor their glucose levels at all times without having to scan or take a finger prick test.

Dexcom is [RAG rated Amber 0](#) by Lancashire and South Cumbria Medicines Management Group and eligibility criteria for the use of continuous glucose monitoring (CGM) can be found in [the attached policy](#). Most patients meeting the eligibility criteria for CGM are referred to Diabetic Specialist nurses to initiate and follow up until stabilised.

The Dexcom One system comprises of three component parts.

- A Dexcom sensor. Each sensor lasts for 10 days
- A sensor applicator
- A Bluetooth transmitter. Each transmitter lasts for 3 months.

When Dexcom was originally launched only sensors and their applicators were available on prescription. Requests for additional supplies of the transmitters needed to be made through the dispensing pharmacy from Alliance Healthcare.

**Since 1<sup>st</sup> March 2023 transmitters are now also available to prescribe on FP10.**

**Emis have confirmed that the transmitter will be added to their database and be available to select from the picking list in EMIS Web following update MKB197 – in the interim any prescriptions will need to be hand written with the code STT-DO-001 stated on the prescription**

Patients initiated on Dexcom will normally be provided with a starter pack which will contain one 10-day sensor and a 3 month transmitter. Further supplies of the sensors are available to prescribe as a 1 pack (current cost £25 – lasting for 10 days) or a 3 pack (current cost £75 – lasting for 30 days).

To contact the Medicines Optimisation Team please phone 01772 214302

If you have any suggestions for future topics to cover in our prescribing tips please contact [Nicola.schaffel@nhs.net](mailto:Nicola.schaffel@nhs.net)

All content accurate and correct on the date of issue of this tip.